



BATAVIA WRESTLING CLUB

ROOKIE NIGHTS

BOYS AND GIRLS K-8TH GRADE

Date:

Tuesday October 20th and Thursday October 22nd; 6:30pm - 7:30pm

- Arrive 15 - 20 minutes early to sign waivers and change out of shoes
- Attend either night or both nights

Location:

1201 Main Street, Batavia - Batavia High School - Wrestling Room
(Enter through the SE side of school through the Athletic Entrance)

Rookies:

Join our coaches and veteran club members for a fun, hands on introduction to the sport of wrestling! You will learn basic wrestling techniques, meet our coaches and get to try out a practice session.

What to Wear:

- Socks (wrestling shoes if you have them but they are not necessary)
- T-shirt
- Shorts
- Please no zippers, snaps or metal buttons

Parents & Guardians:

This is **not a drop off event**. We invite you to spend some time observing your child during practice and attend our parent information session.

Information We Will Cover:

- Our club mission and goals
- The benefits of wrestling
- Club operations and schedule
- Any questions you may have

Get Involved:

We are always looking for help on the mat and behind the scenes. If you are interested in coaching or volunteering please fill out the form linked on our webpage.

Stay Connected:

- Visit our website www.bataviawrestlingclub.com
- Questions? email: info@bataviawrestlingclub.com
- Check out our Facebook page (Batavia Wrestling Club)



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