



# Family Connections



Connect with your family and with peers in April - May 2024!

**Family Dinner - Family Games - Children Play Without Electronics -  
- Positive Environment - Adult Conversations - Meet Other Families**

### Who's invited?

All elementary-school families living in Batavia Public School District 101 are invited. Bring younger and older siblings to join the fun. Grandparents, additional household members, and children's caregivers are welcome, too.

**COST? FREE — Including Food**

[Click Here to REGISTER to Attend or Scan:](#)



Schools are paired; however, attend the series that fits your schedule **from 5:30 to 8:00 PM:**

**7 MONDAYS, April 8 - May 20 at H.C. Storm:** Families from H.C. Storm & Louise White Schools

**8 TUESDAYS, April 2 - May 21 at Hoover-Wood:** Families from Hoover-Wood & J.B. Nelson Schools

**7 THURSDAYS, April 4 – May 23 (skip April 18) at Grace McWayne:** Families from Grace McWayne & Alice Gustafson Schools

Let's connect in-person to build the "village" it takes to raise a child. Enjoy one evening per week for a 7 or 8-week series\* that energizes you through joy and laughter and relieves some stress. How?

### Bring your WHOLE FAMILY together (ALL ages are welcome) to:

- Be present in conversation while eating dinner served to you - engaging conversation starters are provided to move families beyond the brief answers children typically give when questioned about their day.
- At your family table, play games such as "Feelings Charades" and "Doodle Talk" that help your family members learn more about each other, develop a vocabulary of feeling words, practice taking turns, and laugh together during the fun.
- Children are then given time to play together - WITHOUT electronics - under the supervision of facilitators.
- Meanwhile, adults talk together in a group about parenting and self-care topics facilitated by a leader ready to provide stress-relief tips and other emotional wellness information. You may listen or contribute to the discussion as you feel comfortable.
- Parents are given time to play one-on-one with one of their children each night of the program.
- At least once during the series, each participating family receives a gift card for family activities.

\* Families may join at any point in a series.

**Children thrive within predictable routines - Family Connections has been building and strengthening positive family routines for over 20 years!**

**Questions? Email: [emotional-wellness-no-reply@tricityfamilyservices.org](mailto:emotional-wellness-no-reply@tricityfamilyservices.org)**