



What constitutes a “meal”?

At the middle and elementary schools:

Students have a choice between two hot meals, sandwich of the day or salad of the day. A meal must consist of 3 of the 5 components listed below (one being a vegetable or fruit):

Dairy
Protein
Vegetable
Fruit
Grain

At the high school:

Students may choose the standard entrée with sides from the special station (vegetable of the day, fresh fruit). If desired, the entrée may be substituted with one of the following: hamburger, cheeseburger, chicken sandwich, slice of pizza or salad. Please note: pasta is excluded from the lunch meal plan. Milk or juice carton must be included to complete the meal.

Please Note:

- Meal prices are listed on each school’s menu. If all meal components are not present at the time of purchase, students will be charged the a la carte price for all items present.
- Students approved for free or reduced lunch are entitled to one breakfast meal and one lunch meal daily. Additional meal purchases will be charged at full price. Any a la carte items will be charged at full price.