

TriCity Family Services and Geneva Coalition for Youth Present:



Compass for Girls

Saturday, February 1, 2020
8:30 a.m. to 3:30 p.m. (Check-In 8:30-9:00)
Rescheduling due to a snow day would be 2/8/20.



Strengthening the Social & Emotional “Compass” of Girls through a Fun Day!

Compass for Girls provides a great way for 4th- and 5th-grade girls to enhance their social and emotional skills, including:

- Self-Awareness
- Managing Challenging Emotions
- Problem-Solving
- Developing Healthy Friendship Skills
- Becoming More Empathic
- Understanding Personal Power

This full-day workshop consists of small group break-out sessions which include mini-lessons, interactive experiences, team building, and active games with the goal to provide girls with the opportunity to learn and share while having fun.

Games, discussions, lunch, a t-shirt, yoga, crafts, and take-aways will all be included in this exciting day!

Compass is open to ALL 4th- and 5th-grade girls from public, private, and homeschools. All parents are invited to a presentation from 9:15-10:45 a.m. Look for the topic announcement in January.



“After attending Compass, I now feel like I can...”

“...express my feelings and thoughts because I learned how to be confident and strong” - 4th Grader

“...solve many friend problems” – 4th Grader

“...be calm and stay positive” – 5th Grader

“...accomplish my goals” – 5th Grader

Compass for Girls is brought to you by:



Geneva Coalition for Youth

with the support of Geneva CUSD 304.

Questions? compass@tricityfamilyservices.org



Our programs are inclusive and welcoming to all.

LOCATION: Geneva Middle School South
1415 Viking Drive, Geneva

COST: Compass for Girls: \$35*

* Need-based fee reductions are available.

REGISTER by 11:59 p.m. on 1/21/20 or View FAQ:

Click “Compass for Girls” in “Upcoming Events & Programs” at www.tricityfamilyservices.org