

IndieFlix presents



Angst

RAISING
Awareness
AROUND
Anxiety

Please join us for a screening of the documentary,
“ANGST: Raising Awareness Around Anxiety”

Wednesday, January 23rd, 6:30 - 8:00 p.m.
at Batavia High School in the Batavia Fine Arts Centre

Angst was created to help break the stigma around anxiety and open up the conversation around mental health. The filmmakers believe there is power in watching as a community, power to change, and permission to talk about it. *Angst* explores anxiety, its causes and effects, and what we can do about it.

A panel discussion with mental health experts will follow the film.

We are excited to welcome:

Amy MacDonald, Psy.D. - Prairie Psychotherapy Services
Eric Nolan, M.D. - Creekwood Associates
Lekshmi Venugopal, M.D. - Linden Oaks Behavioral Health

Free tickets are available and space is limited. Reserve tickets here:
<https://showclix.com/event/angst-batavia-high-school/listing>

IndieFlix
ORIGINAL



**BATAVIA
PUBLIC
SCHOOL
DISTRICT 101**