







DAILY SPECIAL NOVEMBER 2018

Rotolo Middle School

LUNCH MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Lunch Price: \$2.85</u> <u>Reduced \$1.40</u> <u>Adult \$3.30</u> Includes: Entree Choice, Vegetable, Fruit, Whole Grain Bread & Milk Choice USDA Requirement: All Lunch Meals must contain 3 of the above and 1 must be a Vegetable OR Fruit/Juice to make a "complete Lunch meal". Milk a la carte: \$.50 Juice \$.60 Fresh Vegetable/Fruit Bar Daily Romaine Salad, Whole Baby Carrots, & a rotation of other vegetables. Daily Seasonal Fresh and Canned Fruit. <u>Available Daily:</u> Hamburger Cheeseburger Brd Chicken Sandwich Cheese Pizza Salsa Bar k</p>				<p>1</p> <p>Hot Italian Grinder Corn Dog</p> <p>Sides: Mixed Vegetables Fruit/Vegetable Bar Milk or Juice</p>	<p>2</p> <p>Half Day No Lunch Service</p> 
	<p>5</p> <p>Cheese Stuffed Pretzels Breaded Chicken Nuggets w/WW Roll</p> <p>Sides: Carrot Coins Fruit/Vegetable Bar Milk or Juice</p>	<p>6</p> <p>Baked Mostaccioli and a WW Dinner Roll Chicken Patty on a WW Bun</p> <p>Sides: Golden Corn Fruit/Vegetable Bar Milk or Juice</p>	<p>7</p> <p>Sausage, Egg & Cheese on a WG Bagel BBQ Ribette Sandwich</p> <p>Sides: Tater Tots Fruit/Vegetable Bar Milk or Juice</p>	<p>8</p> <p>Grilled Patty Melt on Rye Hot Dog on a WW Bun</p> <p>Sides: Garden Peas Fruit/Vegetable Bar Milk or Juice</p>	<p>9</p> <p>WW Cheese Stuffed Bosco Sticks w/Marinara Sauce</p> <p>Sides: Green Beans Fruit/Vegetable Bar Milk or Juice</p>
	<p>12</p> <p>Chicken Parm Sandwich on a WW Bun Breaded Chicken Nuggets w/WW Roll</p> <p>Side: Green Beans Fruit/Vegetable Bar Milk or Juice</p>	<p>13</p> <p>Turkey Dinner with Mashed Potatoes Gravy, Corn and WW Dinner Roll Chicken Patty on a WW Bun</p> <p>Sides: Corn Fruit/Vegetable Bar Milk or Juice</p>	<p>14</p> <p>French Toast Sticks w/Syrup Strawberry Yogurt BBQ Ribette Sandwich</p> <p>Sides; Tater Tots Fruit/Vegetable Bar Milk or Juice</p>	<p>15</p> <p>Chicken & Cheese Quesadilla Corn Dog</p> <p>Sides: Spanish Rice Fruit/Vegetable Bar Milk or Juice</p>	<p>16</p> <p>Calzones (Cheese or Pepperoni)</p> <p>Sides: Carrot Coins Fruit/Vegetable Bar Milk or Juice</p>
	<p>19</p> <p>Popcorn Chicken Bowl Whipped Potato w/Gravy & Corn Breaded Chicken Nuggets w/WW Roll</p> <p>Sides: Golden Corn Fruit/Vegetable Bar Milk or Juice</p>	<p>20</p> <p>Cheese Ravioli w/Meat Sauce WW Dinner Roll Chicken Patty on a WW Bun</p> <p>Sides: Green Beans Fruit/Vegetable Bar Milk or Juice</p>	<p>21  22  23 </p> <p>Happy Thanksgiving!</p>		
	<p>26</p> <p>BBQ Ribette Sandwich on a WW Bun Breaded Chicken Nuggets w/WW Roll</p> <p>Sides: Garden Peas Fruit/Vegetable Bar Milk or Juice</p>	<p>27</p> <p><i>Chicken Alfredo over Spaghetti</i> WW Dinner Roll Chicken Patty on a WW Bun</p> <p>Sides: Steamed Broccoli Fruit/Vegetable Bar Milk or Juice</p>	<p>28</p> <p>Breakfast Ham & Cheese Burrito BBQ Ribette Sandwich</p> <p>Sides: Tater Tots Fruit/Vegetable Bar Milk or Juice</p>	<p>29</p> <p>Grilled Ham & Cheese Mini Con Dog Nuggets</p> <p>Sides: Golden Corn Fruit/Vegetable Bar Milk or Juice</p>	<p>30</p> <p>WW Cheese Stuffed Bosco Sticks W/Marinara Sauce</p> <p>Sides: Garden Peas Fruit/Vegetable Milk or Juice</p>

Questions/Comments:
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 or
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