

DAILY SPECIAL! OCTOBER 2018



Rotolo Middle School

	Make achies				
LUNCH MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch Price: \$2.85 Reduced \$.40 Adult \$3.30 Includes: Entree Choice, Vegetable, Fruit, Whole Grain Bread & Milk Choice	1 Sloppy Jo on a WW Bun w/Baked Chips Breaded Chicken Nuggets w/WW Roll Homemade Pepperoni Pizza Sides: Steamed Broccoli Fruit/Vegetable Bar Milk or Juice	Roast Pork with Mashed Potatoes Gravy, Corn and Dinner Roll Chicken Patty on a WW Bun Homemade Sausage Pizza Sides: Corn Fruit/Vegetable Bar Milk or Juice	French Toast Sticks w/Syrup & Strawberry Banana Yogurt BBQ Ribette Sandwich Homemade Cheese or Combo Pizza Sides: Tater Tots Fruit/Vegetable Bar Milk or Juice	1/2 Day of School	5 DAY
USDA Requirement: All Lunch Meals must contain 3 of the above and 1 must be a Vegetable OR Fruit/Juice to make a "complete Lunch meal". Milk a la carte: \$.50 Daily Fresh Vegetable/Fruit Bar Daily Romaine Salad, Whole	No	9 Spaghetti w/Meat or Marinara Sauce and WW Dinner Roll Chicken Patty on a WW Bun Homemade Sausage Pizza Sides: Green Beans Fruit/Vegetable Bar Milk or Juice	Pancake w/Syrup and Cheesy Egg Square BBQ Ribette Sandwich Homemade Cheese or Combo Pizza Sides: Tater Tots Fruit/Vegetable Bar Milk or Juice	Hot Italian Grinder Mini Corn Dogs Homemade Pepperoni Pizza Sides: Garden Peas Fruit/Vegetable Bar Milk or Juice	12 Cheesy French Bread (Cheese or Pepperoni) Homemade Sausage Pizza Sides: Carrot Coins Fruit/Vegetable Bar Milk or Juice
Baby Carrots, & a rotation of other vegetables. Daily Seasonal Fresh and Canned Fruit. Available Daily: Hamburger Cheeseburger Brd Chicken Sandwich Cheese Pizza	15 Rice Bowl w/Broccoli, Popcorn Chicken & Sweet N' Sour Sauce Chicken Nuggets w/WW Dinner Roll Homemade Pepperoni Pizza Sides: Steamed Broccoli Fruit/Vegetable Bar Milk or Juice	16 Macaroni & Cheese and WW Dinner Roll Chicken Patty on a WW Bun Homemade Sausage Pizza Sides: Green Beans Fruit/Vegetable Bar Milk or Juice	17 Potato, Broccoli & Cheddar Cheese Egg Casserole w/WG Waffle & Syrup BBQ Ribette Sandwich Homemade Cheese or Combo Pizza Sides: Oven Baked Tater Tots Fruit/Vegetable Bar Milk or Juice	18 Grilled Patty Melt on Rye Beef Hot Dog on a WW Bun Homemade Pepperoni Pizza Sides: Hot Vegetable Fruit/Vegetable Bar Milk or Juice	19 Calzone (Cheese or Pepperoni) Homemade Sausage Pizza Sides: Carrot Coins Fruit/Vegetable Bar Milk or Juice
Salsa Bar	Toasted Cheese Sandwich with Cream of Tomato Soup Chicken Nuggets w/WW Dinner Roll Homemade Sausage Pizza Sides: Corn Fruit/Vegetable Bar Milk or Juice	Baked Ziti w/WW Dinner Roll Chicken Patty on a WW Bun Homemade Sausage Pizza Sides: Green Beans Fruit/Vegetable Bar Milk or Juice	24 Breakfast Egg, Ham & Cheese Burrito BBQ Ribette Sandwich Homemade Cheese or Combo Pizza Sides: Tater Tots Fruit/Vegetable Bar Milk or Juice	Monte Cristo Corn Dog Homemade Pepperoni Pizza Sides: Carrot Coins Fruit/Vegetable Bar Milk or Juice	26 Bosco Stuffed Cheese Sticks W/Marinara Sauce Homemade Sausage Pizza Sides: Garden Peas Fruit/Vegetable Bar Milk or Juice
Questions/Comments: Rotolo Middle Manager Marilyn Kreibach 630-937-8982 or Food Service Director Jeremy Wilkerson 630-937-8982 Menu subject to change.	Popcorn Chicken Bowl wWhipped Potatoes, Gravy & Corn Chicken Nuggets wWW Dinner Roll Homemade Sausage Pizza Sides: Corn Fruit/Vegetable Bar Milk or Juice	30 Baked Ravioli w/WW Dinner Roll Chicken Patty on a WW Bun Homemade Sausage Pizza Sides: Green Beans Fruit/Vegetable Bar Milk or Juice	31 Chicken Tenders w/Waffle & Syrup BBQ Ribette Sandwich Homemade Cheese or Combo Pizza Sides: Tator Tots Fruit/Vegetable Bar Milk or Juice	Happy	lloween