



The Batavia High School Athletic Department, in partnership with Fox River Trail Runners and Ethos 360, is pleased to announce our **2016-2017 Indoor Running Schedule and Program**. This program is designed to facilitate off-season training for runners interested in fitness, competitive training or a bad weather training location. The facility will be supervised during the program by BHS staff and coaches.

Dates: December 5th - March 24th

Closed Days: Dec 26th, Jan 2nd, Jan 16th, Feb 20th,

NEW THIS YEAR:

Days: Monday - Thursday (NO FRIDAYS)

Time: 5:20 a.m. - 6:50 a.m. (all participants need to be off school property by 7:00 a.m.)

Cost:

Single "Drop-In" Rate	\$3
Punch Card (10 sessions)	\$25
Season Pass	\$60

- Make checks out to Batavia High School

Access: All participants must have a signed waiver on file with the "check in desk" located just inside the Fieldhouse entrance & your fee must be paid. All sessions must be supervised.

Entrance: All participants must ONLY use the Main Street Athletic Entrance to come into and exit from the BHS facility.

Parking: Please park your cars in the FAR WEST spots of the Main Street lot near the BHS "pond". All cars must exit the lot by 7:00 a.m.

Misc: Please DO NOT wear your running shoes until you are inside the facility. Locker rooms are not available. Please no food or drink other than water in the facility.