



**BATAVIA  
PUBLIC  
SCHOOL  
DISTRICT 101**

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## **A Community Conversation about Adolescent Mental Health November 17, 7-8:30 p.m. at Congregational Church of Batavia**

**November 4, 2016 (Batavia, IL)** - Batavia and surrounding community members are invited and encouraged to attend an important "Community Conversation about Adolescent Mental Health" on Thurs., Nov. 17 from 7 p.m. to 8:30 p.m. at the Congregational Church of Batavia, 21 S. Batavia Ave., Batavia, Ill.

The event is sponsored by the Batavia Ministerial Association in partnership with Batavia Public School District 101 and the Batavia Fire and Police Departments.

The panel discussion, led by Suicide Prevention Services of Batavia; Lauren Miller, LPC, of TriCity Family Services; and Batavia Fire Department Deputy Chief Ed Jancauskas, will focus on mental health and issues related to anxiety and depression in youth. Panelists will also be addressing frequently asked questions, including:

- "How do I know when it's just normal teen behavior or when it's something more serious?"
- "How do I talk to a teen about anxiety or depression?"
- "What can we do in the area of prevention?"
- "What are the contributing factors to the rising mental health issues among teens?"

Following the panel discussion, there will be time for Q&A. No registration is required for this free community event.

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