

COMMUNITY UNIT SCHOOL DISTRICT 101

BATAVIA PUBLIC SCHOOLS

Family and Consumer Science

High School—Grades 11, 12

Adult Living—One Term

Elective

1. Subject Expectation The student will develop an awareness of self and apply this knowledge.

- Essential Learning 1 Develop an awareness of personality.
- a. Develop an awareness of personal abilities, skills, interests and motivations.
12.2.4
 - b. Compare the effects of heredity and environment on personality.
12.2.1
 - c. Describe the traits that make up personality.
12.2
 - d. Compare extroverted and introverted personalities.
12.2.1
- Essential Learning 2 Understand the impact of attitude on a person.
- a. Understand a process for gaining control of emotions.
12.1.1
 - b. Understand the impact of a positive attitude.
12.1.1
 - c. Describe how an attitude can be changed by understanding how a positive attitude can be built.
12.1.1
 - d. Understand the importance of a positive role model.
12.1.1
- Essential Learning 3 Explore the development of values and morals in individuals.
- a. Explain the importance of morality.
12.2.4

- b. Compare stages of moral development.
12.2.4
- c. Relate values to moral development.
12.2.4
- d. Explain how a code of ethics is formed.
12.2.4
- e. Explain what values and a value system are.
12.2.4
- f. Identify ways families teach values.
12.2.4
- g. Describe what influences values.
12.2.4
- h. Understand the stereotypes and prejudice.
12.2.4
- i. Evaluate your own values.
12.2.4
- j. Identify how values influence career choice and success.
12.2.4
- k. Demonstrate knowledge about the changing workplace.
12.2.4

Essential Learning 4 Learn about the characteristics of a person of character.

- a. Distinguish qualities of mature people.
12.2.1
- b. Assess the quality of your own character.
12.2.1
- c. Explore various types of community service.
12.3.3
- d. Describe the benefits of community service.
12.3.3
- e. Learn how to set goals.
1.1.5

2. Subject Expectation The student will understand the qualities of good and bad communication skills.

Essential Learning 1 Examine the basic elements of communication and how this relates to successful communication.

- a. Demonstrate good active and passive listening skills.
1.2.3; 13.3.3
- b. Demonstrate techniques for effective speaking.
1.2.3; 13.3.2
- c. Identify problems in communication.
1.2.3
- d. Explain the importance of communication in relationships.
13.3.1

3. Subject Expectation The student will examine the history, roles, stages, and functions of the family.

Essential Learning 1 Learn about the history of the family.

- a. Define the term family.
6.1.1
- b. Explore the background of the family from prehistoric times to the present.
6.1.2
- c. Understand the functions of the family throughout history.
6.1.2

Essential Learning 2 Describe characteristics that contribute to a family's personality.

- a. Identify various roles in the family.
6.1.1
- b. Discuss the role of interdependence, dependence and independence in healthy families.
6.1.5
- c. Describe the stages of family development common to many families.
6.1.6
- d. Identify the joys and challenges of each stage of family development.
6.1.6; 13.1.2

4. Subject Expectation The student will examine various crises that affect families.

Essential Learning 1 Investigate social service agencies.

- a. Learn about a variety of social service agencies, while investigating one in more depth.

6.1.7

Essential Learning 2 Examine the cause and affects of divorce.

- a. Explain why and how a marital relationship can deteriorate.
13.2.1; 13.3.4; 13.4.1
- b. Describe decisions that must be made when divorce occurs.
13.2.4
- c. Explain how people adjust to divorce.
13.2.4
- d. Summarize the effects of divorce on couples and their children.
13.2.3; 13.3.7
- e. Describe challenges facing single-parent families and blended families.
13.3.7

Essential Learning 3 Examine the affects of death on individuals.

- a. Compare different circumstances of death and the effects on people.
13.1.2
- b. Understand the stages of the grieving process.
13.1.2

5. Subject Expectation Understand the difference between a good and bad relationship.

Essential Learning 1 Identify signs of a weak relationship.

- a. Be aware of the danger signs in a relationship.
13.1.4
- b. Evaluate ways to end a relationship.
13.1.5
- c. Predict potential marital problems based on certain factors in a relationship.
13.1.4

Essential Learning 2 Identify signs of a good relationship.

- a. Know the role of the three major elements—commitment, intimacy and passion—in relationships.

13.2.1

- b. Describe qualities that characterize a positive couple relationship.

13.1.1

- c. Understand how expectations and core beliefs affect relationships.

13.1.1

Essential Learning 3 Understand the type of love that leads to a marriage relationship.

- a. Compare the characteristics of infatuation to those of mature love.

13.1.4

- b. Explain how mature love develops.

13.1.4

- c. Explain why belief in the institution of marriage is important.

13.1.3

- d. Relate readiness factors to success in marriage.

13.2.1

- e. Distinguish characteristics of a strong marriage.

13.2.1

- f. Understand how certain relationship skills contribute to a strong marriage.

13.2.1

6. Subject Expectation

The student will examine the importance and difficulties of the later years.

Essential Learning 1

The student will understand the characteristics of and the options available to the elderly.

- a. Understand the physical effects of old age on the elderly.

12.1.1

- b. Learn about options available for living arrangements in the retirement years.

12.13.3

- c. Understand the importance of grandparents in the extended family.

6.1.4; 6.1.5